

March 2021 Price 60p



Spring Flowers

Editorial Note

Welcome to our March 2021 edition of the Tewin Magazine. Our lovely photo on the front cover was taken by Jules Bridgman and those on the back cover by Gerry Murphy. Definite signs that Spring is on its way.

Some things to remember this month are Mothering Sunday on 14th and the changing of the clocks. The clocks go forward 1 hour at 2am on Sunday 28th.

Face to face meetings may still be impossible but AGMs must take place. Thanks to the wonders of Zoom and the ingenuity of our Village Committees two AGMs are taking place this month, The THACS AGM is on Monday 8th at 7.30pm (p6), and Tewin Stores' AGM on Monday 15th at 7.30pm (p25).

Calling all students and recent graduates. Can you design our future? See page 9 for details of an exciting competition.

Trussells Butcher's Van is outside the shop on Fridays from 2.30-3.30. Call 01438 812304 if you wish to order in advance. **Phil's Fish Van** is in the village on Monday evenings. Call 07513 142536 for details.

Please continue to send contributions for future editions of the magazine to tewinmagazine@gmail.com. The deadline is the 15th of the month, but the earlier the better.

Jackie Murphy, Editor

Target Stamps and Used Postage Stamps

Thank you to those of you who have been saving used postage stamps and Target stamps from the Welwyn Hatfield Times. Target stamps have not always been published lately and Moorfield Eye Hospital is currently unable to accept used postage stamps. However, please continue to save your postage stamps at home or put them in the boxes at Tewin Stores.

If you have any queries please contact Sue Whitbourn on 01438 798221.

Laptops for School Children

With schools set to remain shut until March, many children have an added challenge of sharing IT equipment between siblings or parents who are also trying to work or learn online.

The <u>BBC's Give a Laptop scheme</u> lists organisations accepting unwanted IT equipment for school children to use. Local companies accepting donations include: <u>ITVET</u>: <u>Bishops Stortford</u>; <u>Computer Friendly: St Albans</u>; <u>Saracens Sport Foundation</u>; <u>Vodaphone</u>: <u>Great British Tech Appeal</u> (by post).

Thank You

Elizabeth and family would like to thank everyone for all the flowers and cards with so many kind and warm-hearted tributes to Roger. It was a great comfort to read them. We would also like to thank everyone for their generous contributions to Tewin Charities. It would have made Roger truly happy.

Elizabeth Temple

On This Day - 1st March

- **1360** During the Siege of Rheims, King Edward III contributed £16 towards the ransom of Geoffrey Chaucer, then serving as a soldier.
- **1872** US President Ulysses S Grant established America's first National Park, Yellowstone.
- **1966** The unmanned Soviet probe, Venera 3, impacted on Venus, becoming the first spacecraft to land on another planet.

Tewin Parish Council



PROPOSED NEW FOOTPATH ON HERTFORD ROAD

Thank you to everyone for your comments on this proposal. Due to the cancellation of the Parish Council meeting on 1st February 2021 the discussion/decision will be postponed to the next meeting the date of which is to be confirmed.

FAIRHOLME STABLES, Archers Green Lane 3/20/0810/FUL

Demolition of buildings and redevelopment of site to erect 3 detached dwellings with associated parking, access and landscaping. East Herts Council has granted permission for this application.

LAND OFF HERTFORD ROAD, Tewin 3/21/0104/FUL

Change of use of land, erection of stable block & fencing, creation of an exercise yard and hard standing with 3 car parking spaces and internal access way. Tewin Parish Council has submitted an objection to the application raising concerns over the openness of the green belt, safety concerns re the access, lack of screening and the importance of the ditch on the site in reducing flooding at Lousehole Bottom.

CHARGING FOR GREEN WASTE COLLECTION

As at 1st April 2021 East Herts Council will be introducing a chargeable garden waste collection fortnightly from your existing brown bin. The annual cost will be £49.

You will be able to subscribe/opt in to this service from mid February via the East Herts Council website.

For more information please visit

https://www.eastherts.gov.uk/bins-waste-recycling/garden-waste-service.

CAPTIVE BIRDS

Please be aware that England is still on lockdown in reference to captive birds as Bird Flu is still at a high level. Anyone with birds of all types, including chickens, must keep them in enclosed housing with a roof.

RAPID TESTING AVAILALE IN HERTFORDSHIRE

Free rapid testing (Lateral Flow Tests) for anyone **without** coronavirus symptoms is now available across Hertfordshire.

Key and essential workers who cannot work from home during the current government restrictions are especially encouraged to book a rapid test every few days to help us ensure that essential services are as safe as possible.

Tests are available by appointment only and bookable up to a week in advance. You'll need to take your booking confirmation email/text to your appointment and have your mobile phone with you (please ensure it is charged). Results are sent by text and email in 45 minutes.

To book a rapid test, please visit www.hertfordshire.gov.uk/rapidtest . Please check the website regularly for updates as several new test centres have opened across Hertfordshire.

If you have symptoms of coronavirus you cannot have a rapid test and must <u>not</u> go to a rapid test centre – instead please book a standard coronavirus (PCR) test at www.gov.uk/coronavirus.

If you have any queries please email rapidtesting@hertfordshire.gov.uk.

PARISH COUNCIL MEETINGS

The next Parish Council meeting is scheduled for 7.45pm on Monday 1st March 2021 at Tewin Memorial Hall—to be confirmed subject to Covid-19 lockdown situation.

PARISH COUNCIL INFORMATION

Website: www.tewinvillage.co.uk

Agenda: Please notify the Clerk at least one week before the meeting if you wish to suggest items for discussion. The agenda is published on the Notice Board outside Tewin Stores & website 3 working days before the meeting. *All Parishioners are welcome to attend and can make comments at the start of the meeting.*

Minutes: These are displayed at Tewin Stores, Tewin Memorial Hall and on the website. The minutes are not published until approved and signed at the subsequent meeting.

Meeting Dates and Newsletters: These are published on the website.

Queries: Chairman, Keith St Pier Tel: 01438-717551 Clerk, Caroline McFarlane Tel: 01438-840861

E-mail - tewinparishclerk@btinternet.com

East Herts District Councillors - North Ward:

Cllr Michael McMullen Tel: 01920-463430

East Herts District Councillors - South Ward:

Cllr Linda Haysey Tel: 01992-582151

Herts County Councillor:

Cllr Ken Crofton Tel: 01438 869650

Police Community Team: 01707-354192 - For non-emergency purposes - PC Paul Chapman or PCSO Sally Brooks.

Herts Highways Fault Line: 0300 1234047 or www.hertfordshire.gov.uk - For fault reporting.

East Herts District Council: 01279-655261 or www.eastherts.gov.uk - For reporting smoke & noise nuisance, flytipping, fly posting, dead animals on the road, stray dogs, dog fouling, abandoned vehicles, Environmental Services, Environmental Health, Pest Control, Planning, Waste Services, Tree Preservation Orders, Parking Warden for parking offences.

THACS - TEWIN HORTICULTURAL ARTS & CRAFTS SOCIETY

Events for 2021

The continuing Covid-19 pandemic has prevented us from offering a full programme of traditional live events this year. Instead, we will continue the same approach as last year, offering a smaller programme of innovative on-line virtual activities.

Annual General Meeting

The 2021 *THACS* AGM will be a virtual meeting using Zoom on Monday 8th March 2021 at 7:30pm.

The AGM Notices are available on the *THACS* pages of the Tewin Village website, along with all of the associated reports, accounts and minutes of the previous AGM. We will not be delivering paper copies of these documents this time because of the continuing concerns about the pandemic. Invitations to join the meeting have been emailed to all of the *THACS* members on our email distribution list (about 85% of the membership). If you are a *THACS* member and would like to take part, then please register beforehand to book your place. Please do this by email to Tina Lord, *THACS* Secretary, at thacs.sec@gmail.com. Once you have booked your place, you will receive an email giving you the joining instructions for the meeting.

Spring Show

We intended to hold the *THACS* Spring Show in Tewin Memorial Hall on Saturday 10th April 2021 but this has now been cancelled.

Even though the Spring Show has been cancelled, we will still provide a focus for some of your creative and artistic interests. This will be through a combination of on-line competitions and displays, based on some of the categories previously published in the Spring Show Schedule 2020. Further details will be announced soon.

We are still planning to hold two live events in Tewin Memorial Hall later this year: -

- Autumn Show on Saturday 11th September
- Arts & Crafts Fair on Saturday 4th December

Various other possible events are being considered and will be announced in due course.

Ray Keppler, THACS Chairman

Leadership & Career Coaching

- > Finding yourself overwhelmed?
- Looking for an opportunity to reflect about your next steps in your career?
- Needing to lead your team virtually and motivate them through this crisis?

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Contact me for a free trial session (face to face or virtual)

www.sabineconsulting.co.uk

sabinestanley@outlook.com Tel. 07480 517493





PAUL GRAY

Painter & Decorator

Home: 01707 892987 Mobile: 07833 517843

References on Request



ALLWOOD

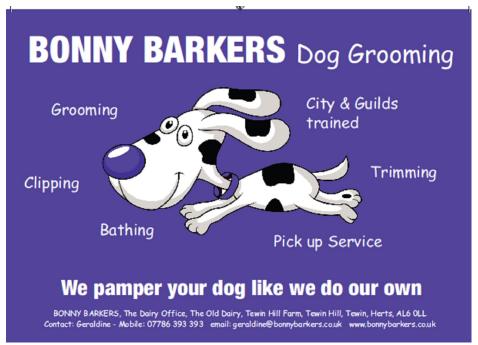
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Can Students Design Our Future?

Hubbub have launched the second phase of Design By Nature, an exciting UK wide design competition encouraging university students and recent graduates to generate innovative ideas for a more sustainable future. And the best part? Entrants have an opportunity to see their ideas turned into reality; the winning ideas will be trialled as part of Hubbub's wider urban greening climate campaign in Manchester this summer.

The competition comprises of three live design briefs based on the theme of 'Good things happen when we connect to nature'- a growing topic that has been fuelled by the COVID pandemic.

The briefs are:

1) Green is the New Black

Inspire 18–25-year-olds to explore and spend time in their local green spaces and engage with nature in their everyday lives.

2) Bring the Outside In

Create an affordable, practical and evidence-based prototype that brings the multiple benefits of nature into the homes of low-income inner-city communities.

3) Use Nature for Good

Help low-income households or young people to make more sustainable choices in their day-to-day lives and become advocates for protecting the environment.

All the ideas submitted in response to the briefs will be reviewed by the Hubbub team and an expert judging panel. The winning ideas will be awarded with a Design By Nature commendation, and celebrated on social media and in top design press. Due to the significant support from the Wates Family Enterprise Trust, successful entrants will be offered both seed funding and expert advice to help bring their ideas to life. The design briefs and supporting research packs containing key insights on each topic can be downloaded on the Design By Nature website (www.hubbub.org.uk/designbynature-living-briefs). Entries will close on the 31st May 2021.

The first phase of Design By Nature in 2020 saw a standout entry of a new sewing machine for Gen Z, the stylish and foldable <u>'Sew Conscious'</u> machine, to help tackle the culture of throwaway fashion.

On The Farm

Since the beginning of the year we have had a huge amount of rain and the land is struggling to absorb the enormous volume of water.

Over the years of farming we have had wet Winters. An old farmers' saying is 'February fills dykes' and this is certainly true this year. With more and more land being taken for houses, roads, and railways such as HS2, and flood plains being built on, problems are caused for large amounts of land. Old drainage systems are being disrupted and concrete is replacing fields.

Our River Mimram is in full spate as never before. With more of us able to walk in the countryside during the Covid restrictions, the footpaths have become very muddy. Please put on wellies before leaving home. Who would have thought this time last year that we would still be in lockdown! Usually at this time of year arable farmers would be taking a holiday in the sun for a week or two. They have no livestock to care for and the work on the land is done until the Spring when the land warms up. There is a little break followed by 9 months of hard work until after Harvest, with something to do in the fields every single day. As no two years are the same in farming and land conditions almost alter by the day, I keep quite a lot of different equipment on the farm, including a Panbuster. This is a heavy duty cultivator and must be nearly 60 years old. It's not used very much but, when we want to move frozen land, it's the perfect tool. Some of our equipment is stored in a sheltered corner of a wood as I am unable to store all of the equipment in our barns. I have just brought back an old rotavator from the wood to the workshop to give it some tender loving care and bring it back to working life.

Apart from large land farming, some people like to farm in small areas of sustainable land. At Tewin Bury we have let someone have half an acre of land. He will be growing a range of seasonable vegetables using organic principles. We hope the produce will go to the farm shop and we will be able to offer them to the general public.

Ivor Williams

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Post Office Times

Post Office Update: Until further notice and subject to change at short notice if circumstances dictate.

Burnham Green Village Hall Post Office Open:

Tues 12.30pm until 16.00pm

Tewin Stores Post Office Open:

Wed 9.30am until 11.30am Fri 9.30am until 11.30am

Datchworth Village Hall Post Office Open:

Tues 9.00am until 12 noon

Tewin Memorial Hall Draw

January 2021

Below are the results for the January Supporters Club draw:

1 st	£55	Mary Gregg, Hertford Road
2 nd	£33	Rosemary Hill, Tewin Hill
3 rd	£11	Andrew Woodward, Upper Green
3 rd	£11	Byron Sinfield, Bishops Road

Want to see your name here?

Please join the Club and help us reach 300 members and monthly prizes totalling £150 every month.

Application forms and more information available from:

- Lisa Bove on personal@lisabove.com
- Tewin Memorial Hall
- Tewin Stores
- <u>www.tewinvillagehall.co.uk/supporters-club</u>

Oh No I Wasn't!

You are married, not that it matters much these days. You are in bed fast asleep. It is the middle of the night. You are nudged or prodded.

"You were snoring. Get off your back."

"Oh no I wasn't! I know when I am snoring".

"Nonsense. You're keeping me awake".

Now you are awake and nursing a sense of injustice. If you do manage to get to sleep again, which you doubt, it might happen again. You go into the other room. The bed is empty and cold but at least it's safe.

Another time, God nudges you. He does that sort of thing. Puts thoughts into your head about what to do or say or what not to do or say.

Out of the blue, He says "You were praying".

"Oh no I wasn't. I know when I'm praying. It's hard work."

God insists "You were praying".

I cannot be angry can I? It's an unearned bonus.

Honestly, I wasn't. I was only enjoying a favourite view, or walking with a friend, or with my family, or watching birds on the feeder, or enjoying the garden.

I do remember saying to myself "It's a great life I've been given".

That's not a prayer, is it!

Big difference is, there's no other room to go to. No getting away from Him.

Ted Sharp

Team Vicar's Letter

Like many homes, baking has been a key part to the Underwoods' survival of the monotony of lockdown. There was a point, last year, where one daughter was producing a cake a day - the consumption of which was a challenge the rest of us admiringly rose to.

Whether it is banana bread, banoffee pie or attempting a GBBO battenburg, the nation's kitchens – and thus social media – have provided a wonder of mouth-watering, calorie prolific, flour-based products. Perhaps one of my biggest temptations last year was when flour could scarcely be found on a supermarket delivery site, but a large bag appeared in the church food bank donations. I resisted stuffing it up my cassock and sneaking it home – but it took great will power to do so.

Many religions place a great emphasis on food – be that through fasting or feasting. Lent and Easter have a whole host of delights that perhaps you might think of making at home as a way to mark this important time in the church calendar, seeing as many of us will still not be back at church for a little while yet.

We begin with pancakes on Shrove Tuesday – some of which we enjoyed together on our Zoom pancake party. Then come pretzels during Lent – the crossed over arms of which remind us of the need to always pray. The sweet Simnel cake appears on Mothering Sunday - with eleven marzipan balls for the disciples (or 12 if you're feeling charitable to Judas). We have hot cross buns on Good Friday and, of course, traditional lamb on Easter Sunday - remembering Jesus our Paschal Lamb – and the essential chocolate eggs – a sign of the empty tomb.

So why not bake yourself through Lent and Easter this year? I know traditionally we fast though Lent – but perhaps this is not a year to be too harsh on ourselves, we have given up so much already. Yet it is good to mark the season, to have an activity that helps remind us of the story that we are heading towards to celebrate – that Jesus walks with us through the wilderness times and leads us from death to life. Jesus blessed bread and shared it with his friends. I pray that he blesses you too.

Susannah

	ST PETER'S CHURCH SERVICES							
DATE	DAY	SERVICE	TIME	MINISTER	1 ST READING	2 ND READING	GOSPEL	
MARCH 7th	3rd SUNDAY OF LENT	HOLY COMMUNION	9.30am	EDWARD CARDALE	EXODUS 20: 1-17	1 CORIN- THIANS 1: 18-25	JOHN 2: 13-22	
		SACRED SPACE AT DATCH- WORTH						
14th	MOTHERING SUNDAY	FAMILY COMMUNION	9.30am	SUSANNAH UNDERWOOD	EXODUS 2: 1-10		JOHN 19: 25b-27	
21st	5th SUNDAY OF LENT	FAMILY SERVICE	11.15am	SUSANNAH UNDERWOOD	JOHN 12: 20-33			
		HOLY COMMUNION	6.30pm	SUSANNAH UNDERWOOD	JEREMIAH 31: 31-34	HEBREWS 5: 5-10	JOHN 12: 20-33	
28th	PALM SUNDAY	HOLY COMMUNION	9.30am	SUSANNAH UNDERWOOD	TBC	TBC	TBC	

Service of Said Evening Prayer is held every Monday at 5pm

^{**} Please note these church services may be cancelled due to the pandemic. For up to date details on physical and online worship please visit www.tewinvillage.co.uk**

ROTAS						
SERVER	READER	SIDESMEN	COFFEE	FLOWERS	CLEANER	
MARCH 7th DAVID	TBC	CHURCH WARDENS AND VERGER	NO COFFEE	LENT	PETE JOHNSON	
14th PAULINE	TBC	DITTO	DITTO	LENT	VICKY DE NAEYER	
21st DAVID	TBC	DITTO	DITTO	LENT	MARY GREGG	
	TBC	DITTO				
28th PAULINE	ТВС	DITTO	DITTO	LENT	DOROTHY SWANN	

FUNERAL

Friday February 19th 2021 Verien Suzanne Bullivant

St Peter's News

A church at the heart of the village, with space for all

Another month gone and here we are in Lent. During January and February, we have seen Epiphany and Candlemas, had church coffee on Zoom and even enjoyed pancake tossing on-line together. All while churches remain closed except for private prayer. Thank you to our flower arrangers who continue to decorate the church when people only visit in ones and twos. The Lent course with its accompanying booklet (priced £2 from the church) is being led by our clergy on-line every weekday until Easter. The Welwyn team have streamed weekly services from one of the churches in the area with over 100 devices linking in each week. We know that sometimes we have friends from elsewhere in the country and across Europe joining our worship on Sunday mornings.

During February, the churchyard has been coming alive with aconites, snowdrops, and a few brave daffodils, despite the cold, wet, snowy weather. We have had more tree work done. Our Verger, Pete, has mulched the beds and held bonfires when the wind is strong enough to carry away the smoke. We are looking ahead to works inside the church this year with a view to becoming more environmentally friendly.

With the repairs to the church tower and other stonework completed we have paid the builders everything except for the small retainer. We have submitted our claim under the Listed Places of Worship Scheme for refund of the VAT that was charged and are hopeful that we shall get that back without undue delay. We would like to repeat our thanks to all those who have made donations towards the cost of those essential works.

We continue to hold in our prayers all those affected by Covid-19, those who have been ill, those who have died or are bereaved, those

whose livelihoods have been devastated during the epidemic, and those who have family members at school or university or have returned to work. Thank goodness the number of cases and deaths from Covid is reducing and it is welcome news that many of our residents have been vaccinated. The impact of Covid-19 will be felt for many months and years to come. Please light a candle at home each evening to remember those who have died and those who grieve their loss. One day we will be back inside the church to worship together, see our neighbours and friends and think tenderly of those we have lost over this year.

Our clergy are in contact with those self-isolating or unable to get out of the house, or with any bereaved families.

Alternatively, please contact, by email or phone, The Rev'd Susannah Underwood team.vicar@welwyn.org.uk 01438 817183

Stay safe, stay well.

Linda Gilley

Connect! An online course run during Lent by the Welwyn Team churches looking at the relationship between Christian faith and some of the most pressing issues of our time in connection with work, home, food, nature, neighbours.

Please see the church website, www.welwyn.org.uk, for more details or contact

Susannah Underwood 01438 817183 team.vicar@welwyn.org.uk







Tewin Tennis Club

It seems incredible that, as I write this, the Australian Open tennis competition is approaching the semi-finals stages in Melbourne. Though Andy Murray was sadly ruled out before the event began, we've had our familiar plucky Brits stories, with impressive performances from Cameron Norrie, Jamie Murray and Joe Salisbury in men's singles and doubles, as well as Heather Watson in the ladies.

I wince when I read of people living in Melbourne moaning about being subjected to a five-day lockdown when all they want to do is go to the beach. Personally, I'd be grateful for any form of interesting exercise that wasn't simply another day of walks along muddy paths, as lovely as it is around Tewin. Tennis is, of course, at the front of my mind here, as it will be for the 100+ members of our local club.

Since the crisis started we've actually increased our membership levels with people realising that there is much to be had from playing a great sport so close to home. Our hopes now rest on the decisions promised to be made before the end of the month about the next stages of lockdown. It seems that sport is a high priority so, fingers crossed, you may be back on court before you actually read this!

Peter Burgess

On This Day

27th March 1915 Typhoid Mary (Mary Mallon), an Irish cook identified as an asymptomatic carrier of Typhoid, was quarantined for life in New York.

Citizens Advice - Who And How Are We Helping?

We continue to operate a remote advice service which has enabled us to help over 7,269 people (as of end January) since the first lockdown in March, up 31% on 2019. We are seeing an increase in demand for our support with issues becoming more complex. Benefits and Housing are the biggest areas of need and we are fundraising to be able to offer more specialist casework support in these areas.

As an advice service our focus is on making sure people are able to access all the support they need, including financial. As part of this we are able to issue food and fuel vouchers where needed and to help clients access some grants, including the new (time limited) Winter Grant.

How people can contact us

People can contact us for advice and support in a number of ways: by email (www.citizensadviceeastherts.org.uk/webadvice), phone Message-line on 01920 459944 (any time) or Herts Adviceline (10am-4pm Mon to Fri) on 0800 144 8848), webchat (www.citizensadvice.org.uk/about-us/contact-us/web-chat-service/) and Facebook Messenger (www.facebook.com/EastHertsCitizensAdvice). We can now also offer video advice appointments.

Useful resources

We have a range of resources on our website which people can make use of, including:

- · Online benefits calculator
- · Online self-help
- · Bite Size Video advice

We can also help people apply for Universal Credit via our Help to Claim service.

What's next? We are keen to work with partners to pilot freephones in various locations, making our service accessible to those who may not otherwise be able to contact us. Do please get in touch if you'd like to find out more.

Finally, many thanks to all Parish Councils who have supported us with a financial donation in recent months. We really appreciate it. We've produced an infographic to communicate some of our impact and to thank our volunteers and partners.



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Tewin Stores and Cafe

We are sure you will have the date in your diary however Mothering Sunday falls on Sunday 14th March this year. Tewin Stores will be stocking a selection of Mother's Day cards, Prosecco, chocolates and (hopefully) a small selection of plants. And don't forget Tewin Stores cakes and biscuits and locally made honey all of which make excellent gifts for Mums!

We will be holding the Tewin Stores AGM via Zoom on Monday 15th March at 7.30pm. All shareholders and customers are welcome. Shareholder members will be invited to register for the meeting and once registered you will receive joining instructions and a link to the meeting. To avoid cross contamination, save for the notice of the meeting and agenda, the report and accounts will not be available to view in the shop. All information and associated paperwork for the meeting can be found

All information and associated paperwork for the meeting can be found at tewinstores.co.uk

I am pleased to say the freezer is working again and well stocked with those useful everyday items including a small selection of ready meals which look delicious! Did you know we now sell fresh cream éclairs, they are not always on display but do ask, they are delicious.

Thanks to a kind donation from a lovely customer we have been able to replace the newsbox outside the shop which not only looks much nicer but is far more practical and it keeps the newspapers dry!

Sadly we were unable to hold our very popular Pancake Day this year. It's a great social event we all so enjoy so let's look forward to next year! This month also sees the beginning of British Summer time with the clocks 'springing' forward on 28th March. Hopefully by this time there may be some lifting of the restrictions which will allow us to consider opening the cafe and extending our opening hours. Fingers crossed!

The Result of the 100 Club February draw is as follows:

1st Prize: Jackie Murphy- £41.00 2nd Prize: Julia Tizard - £20.50 3rd Prize: Susan Lewis - £12.30

Shop opening hours are:

Monday – Friday: 8.00am – 12 noon, Saturdays: 8.30am – 12 noon, Sundays: 9.00am – 12 noon

Linda Crawford

Prostate Cancer

Prostate cancer is the most common cancer in men in the UK. One in eight men in the UK will get prostate cancer. It usually develops slowly, so there may be no signs for many years.

Symptoms of prostate cancer

Symptoms of prostate cancer do not usually appear until the prostate is large enough to affect the tube that carries urine from the bladder out of the penis (urethra).

If you do notice changes in the way you urinate, this is more likely to be a sign of a very common non-cancerous problem called an enlarged prostate, or another health problem. But it's still a good idea to get it checked out. Possible changes include:

- difficulty starting to urinate or emptying your bladder
- a weak flow when you urinate
- a feeling that your bladder hasn't emptied properly
- dribbling urine after you finish urinating
- needing to urinate more often than usual, especially at night
- a sudden need to urinate you may sometimes leak urine before you get to the toilet.

It is also worth being aware of prostate cancer risk factors. These are:

- Being aged 50 or over. If you fit into this category please do the IPSS questionnaire and if you score highly then contact your GP.
- Having a father or brother that has had prostate cancer.
- Ethnic origin prostate cancer is more common among men of African- Caribbean and African descent.

COVID-19 Bridge Cottage Surgery is still open. Please note that we have closed the shutters to encourage social distancing. You can access help via: eConsults (online on our website) calling reception on 01438 715044 or leaving a letter through our letter box (in the black door). Current information on the vaccination schedule can also be found on www.bridgecottagesurgery.nhs.uk.

Information taken from - www.nhs.uk and www.prostatecanceruk.com If you would like further information about the Bridge Cottage

Surgery Patient Participation Group please email ppgbridgecottage@gmail.com



Friends of Tewin



By the time the March edition has dropped through our letterboxes, we hope the government will have announced details about how our lives can return to a more normal footing. I'm sure all of the social groups in Tewin are desperately keen to re-start their activities and we are no exception.

We on the Friends of Tewin Committee have our fingers crossed that very soon we can play our part in helping to bring back the busy calendar of events we all used to enjoy in Tewin before Covid-19 came along. Before we know it, our empty diaries will start to fill up again, so let's keep positive and look forward to better times!

Now a plea for help. We need to store some signs, which don't take up a lot of room. Does anyone have space in their garden shed that they would be willing to let us use? If you can help then please contact me, Anne Hall, on 01438 718505

Anne Hall – Chairman Friends of Tewin

Sporting Dates

27th March 1871 The first international rugby match ended in a win for Scotland over England.

16th March 1872 At the Kennington Oval, the Wanderers beat the Royal Engineers 1-0 in the first ever FA Cup Final.

19th March 1877 Australia beat England by 45 runs in Melbourne in the first ever Cricket Test Match.



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Friends of Danesbury & Queen Victoria Memorial Hospital

Spring is almost upon us and we can start to look forward to a new season with new hope!

So, many of us will by now have had the Covid 19 vaccination which, hopefully, will enable us to feel that we can lead a more normal life again.

The gardens at both Danesbury & QVM will be springing into life as the crocuses and daffodils begin to flower. The gardens are well planted and well tended, something that your donations over the past years have enabled the Friends to maintain. They are used by the patients frequently. Being outside in a beautiful space is so beneficial to the patients' recovery and rehabilitation. The Occupational Therapists even help interested patients to plant seeds and tend the raised vegetable beds. The Friends pay for the maintenance of the gardens, any seeds or plants needed by the therapists along with bird food for the several bird feeders dotted around the gardens.

Our charity shop in Welwyn was closed again just before Christmas owing to the restrictions imposed. We needed to think of new ways to sell goods to recoup a little of the income lost owing to the shop closure. Very enthusiastically we decided to trial a Click & Collect Service!!

The trial commenced on 26th January and will initially run for 8 weeks. Any goods displayed in the shop's window can be pre-ordered either by emailing danesburyshop@outlook.com, through the shop's Facebook page (Danesbury Shop Welwyn), or by posting your requests through our letter box. We cannot display all our stock in the shop window, so please do email or post a request for any items needed. We may just have the very thing you are looking for. So far, we have had very positive feedback.

Another way The Friends have been trying to increase shop sales is through our **Charity's eBay shop** by including even more exciting goods to purchase – all donated of course. Please do check it out.

One of the easiest ways to access the eBay shop is from The Friends website at danesburyqvm@btconnect.com and click on eBay, or by pressing the 'shop now' button on the shop's Facebook page or by doing a search on Google for eBay charity shop Danesbury.

Thank you to all our supporters.

Patron Saints' Days in March

1st March St David, the Patron Saint of Wales

5th March St Piran, the Patron Saint of Cornwall and tin miners.

17th March St Patrick, the Patron Saint of Ireland

Memorable Events in March

4th March 1789 At Federal Hall in New York City the first

meeting of the US Congress was held.

3rd March 1894 Six months after his second Home Rule Bill had

been defeated by the House of Lords, William

Gladstone resigned as Prime Minister.

3rd March 1931 US Congress adopted The Star-Spangled Banner

as the American National Anthem.

11th March 1811 The Luddite riots began as textile workers

protested against the newly developed, labour-

replacing machinery.

22nd March 1903 A drought caused Niagara Falls to run dry.

26th March 1973 Women were admitted to the London Stock

Exchange for the first time.

Views expressed in the 'Tewin Magazine' are not always those held by the Parish Council or by the Parochial Church Council

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Useful Phone Numbers

Bridge Cottage Surgery, Welwyn Castlegate Surgery, Hertford Hanscombe House Surgery, Hertford Wallace House Surgery, Hertford Watton Place Clinic, Watton-at-Stone Moors Walk Surgery, Panshanger, WGC Tewin Vets	01992 676454 . 01992 582025 01992 550541 01920 830033
Tewin Stores & Post Office Tewin Memorial Hall Tewin Pavilion Rose & Crown Public House Plume of Feathers Public House	01438 717929 01438 717581 01438 715020 01438 715757 01438 717265

Tewin Village website www.tewinvillage.co.uk

Signs Of Spring