



December 2022

Price 60p



Merry Christmas



Samples of Lino Printing by Jude O'Sullivan to whet your appetite for THACS Art Workshop





Welcome to the December 2022 edition of the Tewin Magazine and a Very Happy Christmas to all our readers.

Our front cover this month is of some of the shoeboxes of gifts packed in response to the Operation Christmas Child appeal. I am always happy to receive photos for possible inclusion in the Magazine.

Events this month are: THACS Arts and Crafts Sale on 3rd (p2) Tewin Nativity on 4th (p16) Tewin Stores have a Festive Lunch on 10th (p29). The Students of Oaklands College will be hosting a Coffee Morning at the Rose and Crown on 11th (p13) Screen on the Green is showing 'Miracle on 34th Street' on 12th (p10). Father Christmas will be driving through Tewin on 17th followed by Carol singing at the Rose and Crown (p31). Carols by candlelight at St Peter's on 18th is always a lovely event as is the Crib Service on Christmas Eve (p16).

Other events can be found in Dates For Your Diary (p33).

Trussells Butcher's Van is outside the shop on Fridays from 1.30-2.45. Call 01438 812304 if you wish to order in advance.

A Mobile Fish Van is at Burnham Green on Wednesdays from 12.45-1.15. Call Kelvin on 07847 176847 for orders.

Please continue to send contributions for future editions of the magazine to tewinmagazine@gmail.com. The deadline is the 15th of the month, but the earlier the better. Jackie Murphy, Editor

Views expressed in the *'Tewin Magazine'* are not always those held by the Parish Council or by the Parochial Church Council

Editor: Jackie Murphy tewinmagazine@gmail.com Distribution: Sue Whitbourn 01438 798221

Tewin Parish Council



PLANNING

3/22/1378/OUT - Land at Tewin Hill, Upper Green Road, Tewin

Outline Planning application for the erection of 18 residential dwellings, together with access, car parking, public open space

and landscaping. All matters reserved except for access – *TPC Objected* – *EHC Refused on the basis of:*

Inappropriate development, impact on the openness of the Green Belt, cause harm to the Green Belt, no very special circumstances, unsustainable location resulting in reliance on motor vehicle and unsustainable modes of travel, encroachment into the countryside, unacceptable harm to the amenity of the occupiers of number 80 Upper Green Road through vehicular movements, noise and disturbance, potential overlooking and loss of privacy to 80 Upper Green, interlooking from one dwelling to another, insufficient information on flood risk, inadequate financial provision for infrastructure improvements, no evidence for the loss of agricultural or employment use in a rural area to an non-employment generating use.

TEWIN PARISH COUNCIL AUDIT

The external auditor report in respect of the annual return for Tewin Parish Council has been completed by PKF Littlejohn LLP and they have issued an unqualified audit opinion. They noted that the statutory amount of time the accounts have to be available for inspection by the public was one day shorter than the requirement as the bank holiday on 3rd June had not been taken into account.

HERTS & MIDDX WILDLIFE TRUST (HMWT) – Archers Green Site

Lesley Davies, Chief Executive of the HMWT advised that they have purchased the Archers Green site to protect it and manage as one of their nature reserves. It has an important mix of habitats and wildlife and the nationally important River Mimram. HMWT have the benefit of a temporary philanthropic loan and have now launched a £500,000 public appeal to repay the loan and raise the funds for the purchase costs, ongoing management and improvements. The Parish Council agreed to assist them in promoting the site for both funds and volunteers using flyers, newsletter and the village website. HMWT plan to manage the site on an agricultural basis for the benefit of the wildlife and use of livestock.

WINTER GRITTING

With winter approaching you can check when roads are being gritted by googling "HCC gritting".

NEXT MEETING

The Parish Council meeting is at 7.45pm **on Monday 5th December 2022** at Tewin Memorial Hall.

PARISH COUNCIL INFORMATION

Website: www.tewinvillage.co.uk

Agenda: Please notify the Clerk at least one week before the meeting if you wish to suggest items for discussion. The agenda is published on the Notice Board outside Tewin Stores & website 3 working days before the meeting. *All Parishioners are welcome to attend and can make comments at the start of the meeting.*

Minutes: These are displayed at Tewin Stores, Tewin Memorial Hall and on the website. The minutes are not published until approved and signed at the subsequent meeting.

Meeting Dates and Newsletters: These are published on the website. Queries :

Chairman, Keith St PierTel: 01438-717551Clerk, Caroline McFarlaneTel: 01438-798969

E-mail - tewinparishclerk@btinternet.com

East Herts District Councillor - North Ward:

Cllr Michael McMullen Tel: 01920-463430

East Herts District Councillor - South Ward:

Cllr Linda Haysey Tel: 01992-582151

Herts County Councillor:

Cllr Ken Crofton Tel: 01438 869650

Police Community Team: 101 - For non-emergency purposes – This will create a general log and will be picked up by the officers on duty at the time. If personal messages are sent they may not be picked up for some time if the officer isn't on duty as they may be on rest days, annual leave or even off sick. Our East Herts Rural Team contacts are:

PC Mark Turner or PCSO Sally Brooks.

Herts Highways Fault Line: 0300 1234047 or www.hertfordshire.gov.uk - for fault reporting.

East Herts District Council: 01279-655261 or <u>www.eastherts.gov.uk</u> for reporting smoke & noise nuisance, flytipping, fly posting, dead animals on the road, stray dogs, dog fouling, abandoned vehicles, Environmental Health, Environmental Services, Pest Control, Tree Preservation Orders, Planning, Waste Services, Parking Warden for parking offences.

THACS - TEWIN HORTICULTURE ARTS & CRAFTS SOCIETY

Arts & Crafts Sale on Saturday 3rd December

Venue: Tewin Memorial Hall. Timing: 10am to 4pm.

Please remember to come along to the Arts & Crafts sale, where there will be various high-quality hand-crafted gifts for sale to help you with your Christmas shopping. Admission is free.

Art Day on Thursday 2nd February 2023

Tutor: Jude O'Sullivan. Venue: Bramfield Village Hall. Timing: 10am to 4pm. This is a day in **lino printing**, using a one colour lino plate to print on to different collaged backgrounds. It is suitable for students of all abilities. You will need to bring a pencil, biro, and an image for your lino to a size of A6 (105 x 148mm). All other materials will be supplied. As usual, participants are asked to bring something to share for lunch. The cost of the day is £35 for THACS members and £40 for non-members.

To reserve a place, email thacs.bookings@gmail.com. We look forward to seeing you.

Joanne Allen (Organiser)

Creative Writing Day on Thursday 16th February 2023

Tutor: Frances Wilson. Venue: Bramfield Village Hall. Timing: 10am to 4pm. After a long Covid break and after all your requests, we are at last able to arrange a creative writing day. Frances Wilson, our very popular tutor of several years, will run the day. Because Covid is not yet behind us, the location has been moved to a larger venue which has been chosen for its lovely setting. As usual, participants are asked to bring something to share for lunch.

The day will be a combination of exercises and writing of poetry or prose which can be a subject of one's own choosing or from something which arises from the exercises. The cost of the day is £25 for THACS members and £30 for non-members.

To reserve a place, email thacs.bookings@gmail.com. We look forward to seeing you.

Joanne Allen (Course Organiser)

Extraordinary General Meeting on Friday 4th November in Tewin Memorial Hall.

There was a lively discussion at the EGM about the crisis facing THACS and how it should be managed. Several interesting comments and suggestions were made, leading to some ideas that will be followed through.

Ray Keppler (Chairman)



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References on Request



On the Farm

I feel this month I must comment on the Government's total lack of understanding of how food production works, and point out that, despite living in a increasingly unstable world, Ministers' ambition for the countryside seems almost entirely focused on anything other than domestic food production.

Many farmers feel the twice change of Government, and their reshuffle of late was a missed opportunity. I just wonder in those Government Offices of D E F R A, which are full of civil servants telling us what to do, how many have worked on a farm, worked with cattle, cows, pigs, chickens and sheep? Have seen how food production works, and have got their green wellies muddy? They seem intent to let into our country cheaper food, which is not produced any way near our standard. As of this weekend, 14/10/22, we hear of an egg shortage in the country, with supermarkets not wanting to pay egg producers a decent price for their eggs. They cannot carry on making losses. We now have Bird Flu and no free range chickens.

We have been offered an extra 100 acres of land to farm from a local landowner. I jumped at the opportunity. The land now has been sown to wheat and grass.

Wheat and oat sales started at the end of October, and will carry on steadily for 6 or 7 months. We do sell forward if I feel the conditions are right. Last Feb/March I sold feed wheat forward at a price for delivery in Oct /Nov. If it comes up to milling standards I will have the milling bonus. It has worked out well. This time of year we need cash to finance the sowing of next year's crops. Ivor Williams.

Tewin Advent Calendar

We were delighted with the number and quality of the entries to the recent photo and painting competition at the Church Open Day. So delighted that we are showcasing the entries, one per day, on the Tewin website. Check in each day at www.tewinvillage.co.uk from 1st December to marvel at what our talented entrants have produced.

A Reminder Tewin Magazine Subscriptions 2023

The Tewin Magazine annual subscription of £7 for 12 issues is due in January 2023. Please have your money ready for the volunteer distributors who deliver in all kinds of weather. Some have delivered for many years.

Cash or cheque payable to "St Peter's Church Tewin PCC" please. Regretfully our distributors do not have cash machines. There has been no price increase for at least 9 years (can anyone else say that these days?) but cost increases now make it unavoidable. A big thank you to all the valued distributors and everyone involved, especially Jackie Murphy for producing such an interesting magazine. If you don't currently subscribe and would like a monthly delivery then please contact me, Sue Whitbourn. Otherwise purchase can be made in Tewin Stores or St Peter's Church at 70p per copy.

Please continue to save used postage stamps, especially Christmas and Foreign, for charity (box in the shop). As Moorfields Eye Hospital no longer accept stamps I have already donated to another worthy cause, Guide Dogs for the Blind.

Thank you again for your support. With very best wishes for 2023. Sue Whitbourn, 01438 798 221

Samaritan's Purse Operation Christmas Child

We are delighted to say that 111 shoeboxes are bound to the Ukraine to put a smile on the children's faces.

Judy delivered 100 boxes to the collection centre and 11 were donated online.

A big thank you to the school, church and community for such a wonderful response to our shoebox appeal in these difficult times.

Sue Whitbourn and Judy Puddefoot

Screen On The Green

Our Christmas film, showing on Monday 12th December, is *Miracle on 34th St (1947)* starring Maureen O'Hara, John Payne and Edmund Gwenn with the young Natalie Wood in one of her very early roles. The film is regarded as the classic 'Christmas movie', a comedy-drama guaranteed to put you in the mood for Christmas.

The story takes place in New York City between Thanksgiving Day and Christmas involving a rather special department store Santa Claus and a single mother with a young daughter. Directed by George Seaton it won three Oscars and two Golden Globe awards. Interestingly, although *Miracle on 34th St.* was set in the Christmas season, studio head Darryl F. Zanuck insisted that it was released in May because more people go to the movies in warmer weather!!

There have been several remakes of this classic movie including four films, a Broadway musical and some television movies but we are showing the original (and best!). And as is our custom in December, we will be serving a festive drink so do come along for a fun evening at your local village cinema.

MONDAY 12 DECEMBER Doors open 7pm for 7.45pm start. Complimentary tea or coffee. Ice cream on sale. Tickets from Tewin Stores or on the door, priced £4. Bring your own drinks and nibbles for a jolly night out at the Tewin Memorial Hall.

Marie St Pier

WGC Orchestra and Chorus Christmas Concert Saturday 10th December at 7.30pm. St Francis Church, AL8 6QJ

Christmas music by Morton Lauridsen, Sir James MacMillan, Russell Hepplewhite and Clive Osgood and carols for Choir, Orchestra and audience.

Tickets (£15.00/Students £5.00/under 12s free) online wgcms.org.uk (with booking fee) or on the door.





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"It's The Most Wonderful Time of The Year" At the Rose and Crown

We start with the **Oaklands College Coffee Morning on Wednesday** 7th **December at 11am**. Next is our **Christmas Quiz on Thursday 8**th **at 7pm** with Martin "Brain Teaser" Smith, £1 entry and £1 donation to St Peter's Christmas Appeal.

On Friday 9th December at 7pm we welcome 'Kelly's Heroes', our local band.

Saturday 17th December at 1pm 'Walk a Mile for St Peter's'. Come to the pub and register your canine companion, make your donation, walk a mile or 2 then return to the pub for a warming hot chocolate, a doggy treat and, most importantly, a certificate for your proud pooch. In the evening we host the Friends of Tewin Carol Concert in our back garden, complete with a Brass Band. Ho! Ho!

We wish all our customers and friends a very merry and holy Christmas.

PS Happy Hour is Mon-Fri 6-7pm, £1 off every drink.

The History of Tewin by the People of Tewin

Following our Book Launch at the Church Christmas Bazaar on 26th November, Volume II of *The History of Tewin by the People of Tewin* is now in the village and available to buy at Tewin Stores, priced £15.00.

We also have new copies of Volume 1, priced ± 30.00 . If you buy both books as a companion pair the price is ± 40.00 .

All proceeds for the book will go to the Tewin Memorial Hall funds.

Linda Gilley For the Tewin History Book group

Autumn Book Sale

Thank you to all who supported the recent Book Sale at the Tewin Memorial Hall; we made a profit of £633.67 and gave many boxes of books to charity. Hope to see you at the Spring Sale.

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Post Office Times

Post Office Update: Until further notice and subject to change at short notice if circumstances dictate.

Burnham Green Village Hall Post Office Open:

Tues 12.30pm until 16.00pm Fri 9.30am until 13.00pm

Tewin Stores Post Office Open:

Mon 13.30pm until 15.30pm Wed 9.30am until 11.30am Fri 9.30am until 11.30am

Datchworth Village Hall Post Office Open:

Tues 9.00am until 12 noon

Tewin Memorial Hall Draw

October 2022

Here's confirmation of the draw results for October

1 st	£50	Martin Sharpe, Margery Lane
md		

- 2nd £30 Adrian Hill, Tewin Hill
- 3rd £10 Lisa Bove, Butterwick Way
- 3rd £10 Nicholas Woodward, Upper Green

Want to see your name here?

Please join the Club and help us reach 300 members and monthly prizes totalling £150 every month.

Application forms and more information available from:

- Lisa Bove on <u>personal@lisabove.com</u>
- Tewin Memorial Hall
- Tewin Stores
- <u>www.tewinvillagehall.co.uk/supporters-club</u>

FOOD BANKS

We have all heard how the food banks are struggling and I am sure the people in Tewin would be pleased to help them.

During December the Christmas Elf will be going round the village knocking on doors hoping you will be kind enough to donate a tin of soup, tinned meat or fish, beans, pasta or anything suitable for the food bank.

There are also donation boxes at the Church and the Village Shop. I will leave a box for donations in my front garden at 19 LOWER GREEN during December just in case you miss the Christmas Elf.

Let us all help to ensure that everyone has a lovely Christmas.

Cheryl



Team Vicar's Letter

My goodness it's got dark! In our house the most obvious test of this is that the morning and afternoon dog walks have got increasingly closer together. For some of us the darkness might feel ok; it's an excuse for staying in evenings with open fires and mugs of hot chocolate but for some the darkness is a real problem. The lack of sunlight causes low mood and for a few a serious depression. It's also hard, not to feel the world is pretty dark too, with the daily reports of the economy, war and climate change.

We're approaching Christmas and it's bright and shiny - a time of twinkly lights and sparkly decorations. But perhaps with the stress of life it might feel harder to celebrate this year than in the past.

If you are feeling the darkness of life and the world at present, then the message of Christmas is very much for you. I don't mean the sanitised sentimental one we see in Christmas adverts (as cute as they are) but the real message; Jesus being born into a dark world of political upheaval and uncertainty, a world of pain and loss. Jesus entering the world through the poverty of a stable, relying on the mercy of strangers as his family fled across the border away from the tyranny of Herod. Jesus growing to know love, grief, friendship, rejection, rest, tiredness, joy and suffering. Jesus showing us the depth of God's love that walks with us in whatever darkness we face. But most of all Jesus coming to earth as the light of the world, to win a victory over the things that hold us hostage and to shine His light and dispel the darkness. In that Christmas message there is hope and joy.

The light is coming. Come the 21st December the days will start getting longer and we will start to see the return of the sun. This Christmas and New Year I pray for the light of God to shine brightly in each of your lives and may we all be a light to each other.

The light shines in the darkness and the darkness has not overcome it John 1:5 Susannah

ST PETER'S CHURCH SERVICES							
DATE	DAY	SERVICE	TIME	MINISTER	1 st READING	2 ND READING	GOSPEL
DEC 4th	2nd SUNDAY OF ADVENT	HOLY COMMUNION & TEWIN NATIVITY	9.30am 4.00PM	SUSANNAH UNDERWOOD	ISAIAH 11: 1-10	ROMANS 15: 4-13	MATTHEW 3: 1-12
11th	3rd SUNDAY OF ADVENT	HOLY COMMUNION	9.30am	SUSAN MARSH	ISAIAH 35: 1 –10	JAMES 5: 7-10	MATTHEW 11: 2- 11
4th 18th SUNDAY OF ADVENT	FAMILY SERVICE	11.15am	SUSANNAH UNDERWOOD	MATTHEW 1: 18-End			
	OF ADVENT	CAROL SERVICE	6.30pm	SUSANNAH UNDERWOOD			
24th CHRISTMAS EVE	CRIB SERVICE	3.00pm	SUSANNAH UNDERWOOD				
	EVE	EVE MIDNIGHT MASS	11.30pm	SUSANNAH UNDERWOOD	ISAIAH 52: 7 –10	HEBREWS 1: 1– 4, (5-12)	JOHN 1: 1-14
25th	CHRISTMAS DAY	HOLY COMMUNION	1000am	SUSAN MARSH	ISAIAH 9: 2-7	TITUS 2: 11-14	LUKE 2: 1-20

Service of Said Evening Prayer is held every Monday at 5pm

BAPTISM

13th November Alfred Henry Harvey-Whiskin

ROTAS					
SERVER	READER	SIDESMEN	COFFEE	FLOWERS	CLEANER
DEC 4th ALED	PAULINE BROWN	ROZ HOLDEN CLARE RAWLINS	QUEENIE SIMMONS	ADVENT	DOROTHY SWANN
11th PAULINE	KAREN SHAW	SPIKE NICHOLSON PETE JOHNSON	ROZ HOLDEN	ADVENT	GLORIA KERSEY
18th	PAULINE SPRING	MYRA WALKER	CHURCH WARDENS	ADVENT	PETE JOHNSON
	TBA	DI BRADLEY ANNE LAND	DITTO		
24th DAVID	TBA	TBA		CHRISTMAS FLOWERS	CHRISTMAS
	TBA	MARK SWANN			
25th TBA	NICKY HADLEY	GRAHAM SPRING		CHRISTMAS FLOWERS	

The Church will be floodlit on Christmas night for the Fish family. "Remembering as always with much love, Mum, Dad, Jim, Nan and Popeye and our wonderful Christmases together". From Graham, Geraldine, Gemma and Susie

FUNERAL

St Peter's News

A church at the heart of the village, with space for all

It is leaf collecting time in the churchyard and we are grateful to the small team of chaps who are helping Pete, our Verger, keep the churchyard tidy this autumn. It has been so wet and windy but strange to see our garden clematis reflowering and lovely sunshine in between the heavy showers. November began with our Church Open Day at Tewin Memorial Hall on 5th November. We had invited the whole of the village to attend this event at which we wanted to see whether people who were not generally church goers support our intention to install a new community room in the churchyard with new toilets, kitchen and proper storage space. It was a miserable day but about 100 people came and voted with the Monopoly green houses and red hotels (80 in favour and 3 against). This sounds like a resounding "Yes". Thank you to all those who turned out on such a horrid day to see the exhibition showing the difficulties we have at present, and pictures of some of the churches in Hertfordshire which have taken the plunge and created lovely spaces for their communities to enjoy. Thank you also to the bellringers who stayed all day to serve teas and coffees and much cake. And thank you to the valiant cake makers who produced wonderful cakes.

We know that many people have reservations about how we are going to raise the necessary funds, where and what the building might look like and its impact on the views around the church. But most people understand the need for this project, and so we shall be taking it forward. We will begin to discuss the design in detail, to find ways of raising money and to work with the diocese to ensure what we come up with is a beautiful building that is a fitting legacy for the 21st century. When we have a design that the church is happy with, we will have another Open Day, this time in the larger hall, when we hope more people will come to give their views on the proposed building. Thank you to those people who have already offered to be involved.

Some doubt was expressed about how much the church is used for both regular and extra events and the numbers of large groups of people who come to the church. So, I have been looking back at the numbers. In 2019 which was the last normal year for us, we had large groups of people there for eight Weddings, five of which had over 100 attendees, nine Funerals, most over 50 people there, one was 180, four Baptisms, one of which had 87 adults and 25 children. In addition, we had six special services for the school, five of which have about 170 children and 20+ adults in attendance. Plus anything from 50 - 80 children and adults at special events for Christmas Carols, Crib service, Midnight Mass, Easter activities and services, Remembrance Sunday, Harvest Festival, Summer Evensong, not to

mention the many bellringing regular and special events, the people who use the church for choir or instrument practice. These numbers dropped under the Covid epidemic. Even so, when the regulations permitted, we had several large weddings and special services in 2020 and 2021. This is all in addition to our normal weekly Sunday Services with regular attendances of 40-50 before Covid, and of 30-40 now.

Everyone who lives in the parish of Tewin is entitled to have a funeral and burial here, they have a qualification for marriage here or for the baptism of their children. Their guests may come 100 miles to attend such an event: we must be able to give our own people and their family and friends somewhere decent to wait, with accessible toilets, somewhere to change their infants, or take them if they are embarrassed when they yell in church, or a place to give them a hot drink, out of the rain and the cold or out of the sun! The Sunday after our Open Day was All Souls when traditionally many folk come to church to remember their loved ones whom they no longer see. We had over 60 people in church, the majority of whom are not regular attenders at St Peter's. It is a beautiful service where people light a candle for their parents, children and other family and friends who have died, whom they wish to commemorate in this way. All are welcome and go away feeling it has been good to be amongst others who are grieving with them. Our Remembrance Sunday service on 13th November saw a crowd of villagers coming together in an act of commemoration for those who lost their lives in the World Wars and other conflicts.

At the end of the month, by the time you read this, we hope we will have had a successful Christmas Bazaar. Thank you to Dorothy Swann and Vicky de Naeyer who have done all the organising this year and to all the stall holders who will have worked so hard to raise funds for the church in this way. In December, we look forward to welcoming large groups from the village for the **Tewin Nativity from 4pm on Sunday 4th December at** the church, afterwards at the Carley Barn next door. Look out for tickets for this at the shop. Our **Annual Carol Service is on Sunday 18th December at 6.30pm** and will be candlelit. On **Christmas Eve we will hold a Crib Service at 3pm followed by candlelit Midnight Mass at 11.30pm.** For those who don't make that, there will be a **Holy Communion service for all at 10am on Christmas Day**. We hope that none of these services will be disrupted by the threat of Covid and that for once we will have a joyful, peaceful Christmas.

Susannah and all the Welwyn team are always there to give support to those who are ill or recently bereaved. Do get in touch using these links: *The Rev'd Susannah Underwood team.vicar@welwyn.org.uk, 01438 817183*



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Tewin Tennis Club

Tennis can be a genuinely exciting game to play. The points come thick and fast, you have to think on your feet

because there's only a second to work out what to do with the ball that's flying at you, and you get plenty of chances to put things right later when, inevitably, you make a mistake and your opponent wins a point.

And despite complaints, tennis is far from elitist. It probably costs around the same to set you up in tennis gear as it does to play football or rugby. There are plenty of group coaching opportunities where you can learn, while clubs like Tewin welcome new members with open arms. Village tennis clubs may lack the facilities of the bigger clubs like Welwyn or Harpenden, but the courts are just as good and the annual fees can be remarkably affordable.

As the season draws to an end we'd urge you to think about tennis for the new year. If you are a non-member or just a lapsed player at Tewin, we'll welcome you to one of our informal sessions, get you set up with one of our coaches and encourage you to join in our social events. Tewin Tennis Club offers much to get youngsters going, too.

I took up tennis when I was 30, so quite late by most standards. I wasn't alone but it is a curiosity of our times that clubs of all varieties have difficulty appealing to people in the 20 to 45 age bracket. There are diversions, of course, not least young families, but I reckon getting involved in something outside of the usual work/family dynamic can really offer great benefits to your mental and physical health. So please do get in touch with the Tennis Club if you are not already a member and we'll talk you though it.

Peter Burgess

BREAKING NEWS: The Tennis Club AGM is on the evening Friday January 13 in the Pavilion on Upper Green. We will be talking about resurfacing of the courts, so please come along to hear the committee's thoughts .



Struggling with fuel bills this winter?



Tewin Charities has a small reserve fund available and may be able to help.

Tewin Charities is registered by the Charities Commission (reg no 1054863) to administer funds, bequeathed long ago, for the benefit and protection of people who are going through difficult circumstances and are residents within the Parish of Tewin. To get in touch with the charity trustees, please contact the Rev Susannah Underwood on 01438 817183 email: Team.vicar@welwyn.org.uk This will be treated with complete confidentiality.





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MINDFULNESS



Patient Participation Group to Turner I and the easy to rush through life without stopping to notice much. This can be particularly true during busy times such as the Christmas season.

Paying more attention to the present moment - to your own thoughts and feelings, and to the world around you - can improve your mental wellbeing. Some people call this awareness "mindfulness". Mindfulness can help us enjoy life more and understand ourselves better.

Mindfulness also allows us to become more aware of the stream of thoughts and feelings that we experience, and to see how we can become entangled in that stream in ways that are not helpful. Mindfulness can help us deal with issues more productively. We can ask: "Is trying to solve this by brooding about it helpful, or am I just getting caught up in my thoughts?"

How to be more mindful - Reminding yourself to take notice of your thoughts, feelings, body sensations and the world around you is the first step to mindfulness.

Notice the everyday - As we go about our daily lives, we can notice the sensations of things, the food we eat, the air moving past the body as we walk.

Keep it regular - It can be helpful to pick a regular time, such as a morning journey to work or a walk at lunchtime, during which you decide to be aware of the sensations created by the world around you.

Try something new - Trying new things, such as sitting in a different seat in meetings or going somewhere new for lunch, can also help you notice the world in a new way.

Watch your thoughts - Some people find it very difficult to practise mindfulness. As soon as they stop what they're doing, lots of thoughts and worries crowd in. It might be useful to remember that mindfulness isn't about making these thoughts go away, but rather about seeing them as mental events that come and go. This can be very hard at first, but with gentle persistence it is possible.

Some people find that it is easier to cope with an over-busy mind if they are doing gentle yoga or walking.

Name thoughts and feelings - To develop an awareness of thoughts and feelings, some people find it helpful to silently name them: "Here's the thought that I might fail that exam" or: "This is anxiety".

Free yourself from the past and future - You can practise mindfulness anywhere, but it can be especially helpful to take a mindful approach if you realise that, for several minutes, you have been trapped in reliving past problems or pre-living future worries.

For further information on mindfulness and mindfulness practices visit www.nhs.uk

Tewin Table Tennis Club

Our two teams entered in the St. Albans, Hatfield and Welwyn (SHAW) Table Tennis Leagues have continued their successes of last season.

Our first team, having achieved promotion last season, are in second position in Division 1 having lost just one match as we approach the halfway point in the season. Andy Reeves has a win average of over 80% of his matches.

We have probably one of the youngest teams in division 1 with Andy's son, Nathan, and Lewis Budd both under 19 years old.

This is a major achievement considering the known strong strength of the SHAW league in Table Tennis circles.

Our second team who play in Division 3 are currently in third place in the table . The team has welcomed a new local player to its ranks in Stuart Jarrold who has achieved some commendable results in his first season.

Our club evening, open to everyone over 10 years old regardless of their standard of play, continues on Tuesday evenings in the Tewin Cowper School hall from 7pm onwards. Soft drinks are included in the cost of £3 for adults and £2 for those in full time education. Bats, balls etc. are provided by the club. Soft shoes or trainers are essential.

Our thanks go to the Headteacher and Governors of Tewin Cowper School for the hire of the School Hall to the club and the support they provide for us.

For further information please contact John Sheridan, Tel. 01438 717407. e-mail johnchris1@talktalk.net

Tewin Stores and Cafe

By the time you read this we will be heading towards Christmas and not far off the end of the year – how quickly time passes and what another strange year it has been.

Thankfully lockdown is now a fading memory and hopefully never to return! Nevertheless, we would like to say a big thank you to all of you that have supported the shop and café this year, both with your custom, volunteering and those that have provided donations of goods, produce and services. Our shop couldn't have got through the year without you.

Whilst the weather is decidedly cooler now, for those of you that have visited our courtyard cafe, you will have noticed that the old leaking perspex roof has been replaced, which apart from keeping the courtyard drier has given us much better light. We also continue to work on other improvements inside and outside the shop as well as essential repairs that seem to occur with a regular frequency.

Whilst our monthly lunches stopped back in the summer, we are holding a Festive Lunch on Saturday 10^{th} December. The food is home made by Brenda & Jacquie and all for only £12 per person! Details are available in the shop or drop us an email (tewinstores@gmail.com).

As always, we will be stocking a range of Christmas goods, so please drop in and see what we have to offer that may tempt you. We also have tickets available for our Christmas raffle – tickets are £1 each with a range of super prizes including a Hamper and hand knitted Paddington Bear. The draw will take place on the 21^{st} December.

The 100 club winners for October were:

1st Prize: Irene O'Brien - £43

2nd Prize: Terence Sargent - £21.50

3rd Prize: Jane Parkinson - £12.50

Please note that the shop and Post Office will be closed on 25th, 26th and 27th December with no papers available. Opening times will be posted on our website (https://www.tewinvillage.co.uk/village/tewin-stores/) and in the shop.

Finally, may we wish you all a lovely Christmas and our best wishes for the New Year. And if you would like to consider volunteering to help in the shop, please drop in and have a chat with our Shop Manager, Bev.

Opening Hours:	
Monday- Friday	8.30am - 4.00pm
Saturday	8.30am - 12.00 noon
Sunday	9.00am - 12.00 noon

Friends of Danesbury and QVM

The stockings are hung by the chimney with care, in the hope that we all have a wonderful Christmas wherever and with whoever you may be spending the holiday season.

The corridors and day rooms in Danesbury & QVM have been sprinkled with a flurry of Christmas magic. The Christmas decorations have been dusted off and hung up across the units. At Danesbury & QVM we are funding a Christmas party for the patients and their visitors, and we are hoping that ex-members of the disbanded Welwyn Wailers will come to lead the singing of Christmas carols. Hopefully this will bring some much-needed festive cheer to what has been a rather tough year here.

We, the Friends, are pleased to have been able to support the units in a variety of ways over the past year and a lot more is in the pipeline. The QVM is midway through a major refurbishment. Danesbury is having the main therapy gym refurbished in the New Year. Throughout the year we have supplied the units with a variety of items, including weights, pegs for gripping, screwdriver board sets, hook and loop targets and balls to aid patients with their rehabilitation. We have also provided kettles, radios, garden furniture, jubilee decorations and a tree to celebrate the occasion, a book trolly, specialised wheelchairs.... the list goes on.

For me what has stood out most during my Wednesdays here in the office over the past year was to hear the laughter coming from the gym when group activities were taking place. It was so infectious. So, rehab can be fun if done in the right way! In the New Year Danesbury is hoping to revive the art therapy sessions. As always we are keen to get volunteers to come in and help with this. If you are interested in helping please contact us at info@danesburyqvm.co.uk.

Our shop on the High Street is still undergoing a bit of revamping as we are trying to modernise it and make sure we display all the lovely items we receive in the best possible way. Again, over this festive period our window displays are one to be looked out for, do pop in as we have many wonderful Christmas gift ideas on the shelves waiting for you. We also have a Christmas raffle again this year and your support in raising money for this would be greatly appreciated.

All at The Friends of Danesbury & QVM and the Danesbury shop wish you a Very Merry Christmas and a Happy New Year.

Friends of Tewin

Our Christmas Events



As I write this article, we are making final arrangements for the Father Christmas Drive-Through Tewin on Saturday 17th December which will be followed by Carol Singing in the rear garden of

the Rose & Crown.

We will set off at 4pm in Tewin Wood and plan to drive along all the roads before starting our 2nd route at 5.30pm at Upper Green and driving around the village. So, listen out for the music and come outside to give Father Christmas a wave!

Posters and maps showing full details of the routes will be put up around the village a couple of weeks before the date.

The Carol singing will start at 7pm in the garden of the Rose & Crown. Once again, we are lucky that the music will be played by our famous brass band. The event wouldn't be the same without them. So, come along for some Christmas cheer and enjoy a mince pie and mulled wine.

Senior Citizens' Lunch – 15th February 2023

I'm extremely pleased to announce that the Senior Citizens' lunch is returning to Tewin Memorial Hall on Wednesday 15th February 2023. The last lunch we held was way back in February 2020 so we're really looking forward to next year's event.

It's a great time to meet up with your friends and neighbours, enjoy a glass of wine and a home-cooked lunch followed by dessert, tea and coffee.

If you are 60 or over, make a note of the date and look out for the flyer coming through your letterbox in the New Year. There is a choice of menu and a reply slip for you to return. We recommend you return the slip to one of the addresses shown on the flyer as soon as possible to secure your place as spaces are limited.

All that remains for me to say on behalf of Friends of Tewin Committee is, thank you one and all for your tremendous support of our village events throughout the year, long may that great support continue. Merry Christmas to you all and a happy, healthy 2023. Olly Morrisroe Vice Chair Friends of Tewin



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Dates For Your Diary					
Mon	Rose and Crown	10.30am- noon	Knit and Natter		
Tues	Tewin School	7-10 pm	Table Tennis		
Wed	Memorial Hall	9.30– 11am	Parent and Toddler Group		
Thurs	Lower Green	9.25am	Footpath walks of Tewin		
Thurs	Memorial Hall	1.30- 4.30pm	50+ Club		
Fri	Tewin Stores	1.30- 2.45pm	Trussells Butcher's Van		
Thurs 1st, 15th & 29th	Bowls Club	2-5pm	Bridge		
Sat 3rd	Memorial Hall	10am-4pm	THACS Arts and Crafts Sale		
Sun 4th	St Peter's	4pm	Tewin Nativity (Ticket Only)		
Mon 5th	Memorial Hall	7.45pm	Parish Council Meeting		
Wed 7th	Rose and Crown	11am	Oaklands College Coffee Morning		
Sat 10th	Tewin Stores	1pm	Festive Lunch		
Mon 12th	Memorial Hall	7pm	Screen on the Green 'Miracle on 34th Street'		
Sat 17th	Village	From 4pm	Father Christmas drive- through and Carols		
Sun 18th	St Peter's	6.30pm	Carols by Candlelight		

Team Vicar: Rev'd Susannah Underwood, The Rectory, Brookbridge Lane, Datchworth, SG3 6SU tel: 01438 817183 *e-mail:* team.vicar@welwyn.org.uk

Team Rector: Rev'd Dr David Munchin, 1 Ottway Walk, Welwyn, AL6 9AS tel: 01438 714150

Parish Office: Mon,Tues 9-1pm, Fri 9-Noon tel: 01438 840964 Clergy Surgery: Saturdays at St Mary's 10.00—11.00 am Reader: Mr Mick Simmons tel: 01438 817510

e-mail: reader60@live.co.uk

Churchwardens: Mrs Linda Gilley, 30 Godfries Close, Tewin, AL6 0LQ tel: 01438 717385

Mr Nick Whiting, 5 Churchfield Road, Tewin, AL6 0JW tel: 01438 717230

Parochial Church Council:

Hon Secretary: Mrs Amanda Glew, 22 Firs Walk, Tewin, AL6 0NZ, tel: 01438 798047

Treasurer: Mrs Diana Bradley, 25 Firs Walk, Tewin, AL6 0NY, tel: 01438 798478

Stewardship Officer: Mr Graham Spring, 2b Hertford Road, Tewin, AL6 0JY tel: 01438 416071

Bell Tower Capt.: Mr David Hall, tel: 01707 884274

Useful Phone Numbers

Bridge Cottage Surgery, Welwyn	01438 715044
Castlegate Surgery, Hertford	01992 676454
Hanscombe House Surgery, Hertford	01992 582025
Wallace House Surgery, Hertford	.01992 550541
Watton Place Clinic, Watton-at-Stone	01920 830033
Moors Walk Surgery, Panshanger, WGC	01707 335151
Tewin Vets	01438 840028
Tewin Stores & Post Office	01438 717929
Tewin Memorial Hall	01438 717581
Tewin Pavilion	01438 718069
Rose & Crown Public House	01438 715757
Plume of Feathers Public House	01438 717265

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> > Contact Martin Taylor 07779 665556 <u>www.dylantaylorart.com</u>